

Teachers,

This is a slide of an activity that I often use with students when tragedy or news comes into our classrooms:

1. I model the first row for them by saying there are lots of things happening in the news of the world right now and there are also things "in my news" right now. I then write in the boxes across as I think aloud to the prompts.
2. I ask kids if there is anything that is in "their news" and prompt them (interview style) as I go across the boxes with their news. I take 2-3 kids.
3. I hold space for anyone to share about something they see on the chart that they agree with, are feeling, have questions about, want to add on to..etc.
4. This can be done in 15-20 mins + as needed-The example here was with my advisory after Election Tuesday.

It gives me permission to not have all the right things to say while giving them space to talk about anything that's on their mind, knowing we are on a spectrum of experiences and that everyone's identity is at stake the day after news like this comes into our classrooms. I should note, I also often model something non-tragic or weighted to show balance of life (ie: the college football playoffs, cooking, a new book in a series!)

I am available to talk this out at any time. In solidarity. - Sara *Sara K. Ahmed, Being the Change*